

It Makes Sound Safety Sense

Safety is important to us at Ai Group Apprentice and Trainee Centre.

We have a commitment to caring for our employees, so they return home at the end of the day in the same condition in which they started.

Ai Group Apprentice and Trainee Centre Festive Season Shutdown:

From: December 23, 2021

Returning: January 10, 2022



APPRENTICE & TRAINEE CENTRE

Christmas Safety Talk Newsletter

December 2021

Santa's list of **Christmas** safety tips

The Festive Season is approaching, so too does the endless amounts of food, gifts and most of all, time spent with family and friends!

Before the Christmas holidays begin, we would like to leave you with some holiday safety tips!

Do not drink and drive!

Whilst celebrating the merry holiday make sure you arrange alternate transport for events. Things such as a designated driver, uber, taxi or even public transport are all great ways to get home safely!

Travelling or Going Away

If you are heading away for the holidays ensure that everything is prepared, if you are camping or caravanning take a safety kit. Always ensure your car is ready for the long drives.

Stress

Although the season is merry, it can be a stressful time, preparing for everything, financially, physically and health wise. Keep an eye out for your friends and family this Christmas. Ask for help if you need it or offer some help to a friend or family member.



**THINKSAFE
BE SAFE
LEAVE SAFE**

- 1 Stop, step back, observe
- 2 Walk through task
- 3 Identify hazards
4. Control & communicate
5. Safely complete task



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Safety Playlist

Enjoy our Summer Playlist and have SAFE Fun!
Just a little something fun from us to you this Christmas.

To access click link here: <https://open.spotify.com/playlist>

Safety Net (feat. Ty Dolla \$ign)

Ariana Grande, Ty Dolla \$ign

The Safety Dance

Men Without Hats

Mr Blue Sky

Electric Light Orchestra

Everybody Wants To Rule The World

Tears for Fears

We Build This City

Starship

Africa

TOTO

Somebody to Love

Basstrologer

All I Ever Wanted – Radio Edit

Basshunter

Better Off Alone (Remastered) – 1999 Original Hit Radio

Alice DeeJay

Infinity 2008 – Klaas Vocal Edit

Guru Josh Project, Klass

Destination Calabria – Radio Edit

Alex Gaudino, Crystal Waters

Down Under

Men At Work

Riddim

Vance Joy

Easy Love

Sigala

Summer

Calvin Harris

Bennie And the Jets

Elton John

The Horses

Daryl Braithwaite



Chocolate Ripple Wreath Cake

INGREDIENTS (makes 1 Large wreath)

- 900ml Thickened cream
- 2x250g packets Arnott's choc ripple biscuits (about 38 biscuits)
- Strawberries to serve
- Blueberries to serve
- Raspberries to serve
- Mint leaves to serve
- Pomegranate to serve



METHOD

1. Use an electric mixer to whisk two-thirds of the cream in a large bowl until firm peaks form.
2. Spread 1 side of each biscuit with a thick layer of the whipped cream. Place a round spring form pan with the base removed onto the serving plate, you wish to use, stand 1 biscuit on its edge in the base of the pan and sandwich with another biscuit.
3. Repeat with the remaining biscuits, arranging around the side of the pan to form a wreath shape. Spread the top and centre of the wreath with remaining whipped cream. Place in the fridge for 6 hours or overnight to chill. Make sure it is covered well with cling wrap to prevent the air getting in.
4. Use an electric mixer to whisk the remaining cream in a bowl until firm peaks form. Remove the outer layer of the spring form pan carefully, spread the top and sides with cream.
5. Top with the strawberries, raspberries, blueberries pomegranate and mint. Serve immediately.

